

# **Student-Athlete Spotlight Questionnaire**

Name: Lyza Forson

School: Urbana Grade: Junior

Sports Participated In: Soccer, Basketball, Track

## School/Team/League/District/State Honors:

#### Soccer

- Sportsmanship Award (2021), 2nd Team CBC (2023), 2nd Team All-Dayton-North (2023)

#### Basketball

- Team Captain, Sportsmanship Award (2023), 2nd Team CBC (2022, 2024), 2nd Team All-Dayton-North (2024)

### **Track**

Academic All-State (2023), 1st Team CBC (2022, 2023), CBC Champ (Shot Put~ 2022, 2023), District Champ (Shot Put~ 2022), Regional Champ (Shot Put~ 2023), State Qualifier (Shot Put~ 2022, 2023)

Words You Live By/Favorite Quote: "Never say never because limits, like fears, are often just illusions." - Michael Jordan

#### Most Memorable Game/Competition (You've been a part of) and Why?:

- In the first round of the tournament for basketball my freshman year, we played Bellefontaine and it was tied with like 3 seconds left on the clock and I shot a deep 3 to tie the game up and made it which let us advance to the second round.
- At regionals for my sophomore year of track, I wasn't projected to win, but I ended up PR-ing and winning our regionals to advance on to state.

**Most Influential Person in Your Life:** My Parents

**Favorite Movie:** The After Series **Favorite TV Show:** Bridgerton

Favorite Musical Artist/Group: Zach Bryan, Megan Moroney

What are you currently reading or what is your favorite Book: Where The Crawdad's Sing

What restaurant in your community would you say visiting fans MUST try: Mad River Farm Market

Favorite School Subject: Biology

Favorite Sports Team (college or pro): Ohio State University

Athlete you most look up to: Maggie Ewen

What one talent/skill would you most like to have: To be fluent in Spanish

**Future Plans (college/career/athletics):** I plan on going to college for nursing in hopes to become a Nurse Anesthetist and to throw for the track team at the university I attend.